

# September Breakfast Menu

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**1**

**NO SCHOOL**

**2**

Oatmeal Round  
Tangerine  
100% Juice  
Milk

**3**

Muffin  
Orange  
100% Juice  
Milk

**4**

Yogurt  
& Graham Cracker  
Apple  
100% Juice  
Milk

**5**

Pancake  
Fresh Fruit Variety  
100% Juice  
Milk

**8**

Muffin  
Pear  
100% Juice  
Milk

**9**

Apple Frudel  
Tangerine  
100% Juice  
Milk

**10**

Honey Bun  
Orange  
100% Juice  
Milk

**11**

Cinnamon Toast  
Pastry  
Apple  
100% Juice  
Milk

**12**

Pop-Tart  
Fresh Fruit Variety  
100% Juice  
Milk

**15**

Cocoa Puffs Cereal  
Pear  
100% Juice  
Milk

**16**

Oatmeal Round  
Tangerine  
100% Juice  
Milk

**17**

Mini Cinni  
Orange  
100% Juice  
Milk

**18**

Yogurt  
& Graham Cracker  
Apple  
100% Juice  
Milk

**19**

Pancake  
Fresh Fruit Variety  
100% Juice  
Milk

**22**

Cinnamon Toast  
Crunch Cereal  
Pear  
100% Juice  
Milk

**23**

Donuts  
Tangerine  
100% Juice  
Milk

**24**

Strawberry Bagel  
Orange  
100% Juice  
Milk

**25**

Cinnamon Toast  
Pastry  
Apple  
100% Juice  
Milk

**26**

Pop-Tart  
Fresh Fruit Variety  
100% Juice  
Milk

**29**

Oatmeal Round  
Pear  
100% Juice  
Milk

**30**

Muffin  
Tangerine  
100% Juice  
Milk

Choice of Milk: Milk is given at every meal. Offer two varieties in fat content and/or flavor. Fat-free flavored, fat-free plain, 1% plain.

Menu is subject to change due to supply chain issues.



This institution is an equal opportunity provider.



# September Lunch Menu

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**1**

**NO SCHOOL**

**2**

Popcorn Chicken  
Garlic Toast  
Potato Wedges  
Orange  
Milk

**3**

Chicken Alfredo  
Broccoli/Carrots  
Apple  
Milk

**4**

Pizza  
Salad  
Pear  
Milk

**5**

Brisket Sandwich  
Roasted Carrots  
Fresh Fruit Variety  
Milk

**8**

Hot Dogs  
Baked Beans  
Tangerine  
Milk

**9**

Chicken Sandwich  
Potato Wedges  
Orange  
Milk

**10**

Orange Chicken  
Brown Rice  
Broccoli/Carrots  
Apple  
Milk

**11**

Pizza  
Salad  
Pear  
Milk

**12**

Quesadilla  
Roasted Carrots  
Salsa  
Fresh Fruit Variety  
Milk

**15**

Red Chili Burrito  
Beans  
Salsa  
Tangerine  
Milk

**16**

BBQ Chicken  
Sandwich  
Potato Wedges  
Orange  
Milk

**17**

Chicken  
Fried Rice  
Broccoli/Carrots  
Apple  
Milk

**18**

Pizza  
Salad  
Pear  
Milk

**19**

Turkey Melt  
Roasted Carrots  
Fresh Fruit Variety  
Milk

**22**

Nachos  
Beans  
Tangerine  
Milk

**23**

Chicken Tenders  
Garlic Toast  
Potato Wedges  
Orange  
Milk

**24**

Pasta Bolognese  
Broccoli/Carrots  
Apple  
Milk

**25**

Pizza  
Salad  
Pear  
Milk

**26**

Mac & Cheese  
Roasted Carrots  
Fresh Fruit Variety  
Milk

**29**

Corn Dog  
Baked Beans  
Tangerines  
Milk

**30**

Cheeseburger  
Potato Wedges  
Orange  
Milk

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