

# November Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

**6**

Pop-Tarts  
Green Apple  
100% Juice  
Milk

**7**

Apple Frudel  
Orange  
100% Juice  
Milk

**1**

Mini Strawberry  
Bagel  
Red Apple  
100% Juice  
Milk

**2**

Yogurt  
& Graham Cracker  
Pear  
100% Juice  
Milk

**3**

Pancake  
Fresh Fruit Variety  
100% Juice  
Milk

**10**



**8**

Mini Cinni  
Red Apple  
100% Juice  
Milk

**9**

Cinnamon Toast  
Pastry  
Pear  
100% Juice  
Milk

**13**

Cocoa Puffs Cereal  
Green Apple  
100% Juice  
Milk

**14**

Oatmeal Round  
Orange  
100% Juice  
Milk

**15**

Mini Strawberry  
Bagel  
Red Apple  
100% Juice  
Milk

**16**

Yogurt  
& Graham Cracker  
Pear  
100% Juice  
Milk

**17**

Pancake  
Fresh Fruit Variety  
100% Juice  
Milk

**20**

Pop-Tarts  
Green Apple  
100% Juice  
Milk

**21**

Apple Frudel  
Orange  
100% Juice  
Milk

**NO SCHOOL 23-24**



**27**

Cinnamon Toast  
Crunch Cereal  
Green Apple  
100% Juice  
Milk

**28**

Oatmeal Round  
Orange  
100% Juice  
Milk

**29**

Mini Strawberry  
Bagel  
Red Apple  
100% Juice  
Milk

**30**

Yogurt  
& Graham Cracker  
Pear  
100% Juice  
Milk

Choice of Milk: Milk is given at every meal. Offer two varieties in fat content and/or flavor. Fat-free flavored, fat-free plain, 1% plain.

Menu is subject to change due to supply chain issues.



This institution is an equal opportunity provider.



# November Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

**1**  
Chicken Alfredo  
Broccoli  
Pear  
Milk

**2**  
Pizza  
Cucumber  
Hummus  
Green Apple  
Milk

**3**  
Quesadilla  
Baby Carrots  
Salsa  
Fresh Fruit Variety  
Milk

**6**  
Grilled Cheese  
Baby Carrots  
Red Apple  
Milk

**7**  
Chicken Sandwich  
Waffle Fries  
Orange  
Milk

**8**  
Meatball Marinara  
Broccoli  
Pear  
Milk

**9**  
Pizza  
Cucumber  
Hummus  
Green Apple  
Milk

**10**  
  
VETERANS  
DAY

**13**  
Bean & Cheese Nachos  
Baby Carrots  
Red Apple

**14**  
Hot Dogs  
Waffle Fries  
Orange  
Milk

**15**  
Cheeseburgers  
Romaine Lettuce  
Tomatoes  
Pear  
Milk

**16**  
Pizza  
Cucumber  
Hummus  
Green Apple  
Milk

**17**  
Bean & Cheese Pupusa  
Baby Carrots  
Salsa  
Fresh Fruit Variety  
Milk

**20**  
Cheesy Breadsticks  
Marinara  
Red Apple  
Milk

**21**  
Turkey  
Mashed Potatoes  
Corn  
Rolls  
Milk

**Thanksgiving Break**  
**NO SCHOOL**  
**22-24**



**27**  
Bean & Cheese Burrito  
Salsa  
Baby Carrots  
Red Apple  
Milk

**28**  
Chicken Nuggets  
Waffle Fries  
Orange  
Milk

**29**  
Chicken Alfredo  
Broccoli  
Pear  
Milk

**30**  
Pizza  
Cucumber  
Hummus  
Green Apple  
Milk

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