

September Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

4



5

Apple Frudel
Orange
100% Juice
Milk

6

Mini Cinni
Red Apple
100% Juice
Milk

7

Cinnamon Toast
Pastry
Peach
100% Juice
Milk

8

Cereal Bar
Fresh Fruit Variety
100% Juice
Milk

1
Oatmeal Rounds
Fresh Fruit Variety
100% Juice
Milk

11

Cocoa Puffs Cereal
Green Apple
100% Juice
Milk

12

Oatmeal Round
Orange
100% Juice
Milk

13

Mini Strawberry
Bagel
Red Apple
100% Juice
Milk

14

Yogurt
& Graham Cracker
Peach
100% Juice
Milk

15

Pancake
Fresh Fruit Variety
100% Juice
Milk

18

Pop-Tarts
Green Apple
100% Juice
Milk

19

Apple Frudel
Orange
100% Juice
Milk

20

Mini Cinni
Red Apple
100% Juice
Milk

21

Cinnamon Toast
Pastry
Peach
100% Juice
Milk

22

Cereal Bar
Fresh Fruit Variety
100% Juice
Milk

25

Cinnamon Toast
Crunch Cereal
Green Apple
100% Juice
Milk

26

Oatmeal Round
Orange
100% Juice
Milk

27

Mini Strawberry
Bagel
Red Apple
100% Juice
Milk

28

Yogurt
& Graham Cracker
Peach
100% Juice
Milk

29

Pancake
Fresh Fruit Variety
100% Juice
Milk

Choice of Milk: Milk is given at every meal. Offer two varieties in fat content and/or flavor. Fat-free flavored, fat-free plain, 1% plain.

Menu is subject to change due to supply chain issues.



This institution is an equal opportunity provider.

LABOR DAY

Labor Day celebrates American workers and how hard work has helped this country to do well and prosper.



September Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

DELI SHOP

TURKEY SANDWICH
SALAD CUP

1
Beef Burrito
Salsa
Baby Carrots
Fresh Fruit Variety
Milk



5
Grilled Cheese
Baby Carrots
Red Apple
Milk

6
Chicken Sandwich
Waffle Fries
Romaine Lettuce
Peach
Milk

7
Pizza
Cucumber
Hummus
Green Apple
Milk

8
Chicken Burrito
Salsa
Baby Carrots
Fresh Fruit Variety
Milk

11
Bean & Cheese
Nachos
Baby Carrots
Red Apple
Milk

12
Hot Dogs
Waffle Fries
Orange
Milk

13
Cheeseburgers
Romaine Lettuce
Tomatoes
Peach
Milk

14
Pizza
Cucumber
Hummus
Green Apple
Milk

15
Bean & Cheese Papusa
Salsa
Baby Carrots
Fresh Fruit Variety
Milk

18
Cheesy Breadsticks
Marinara
Baby Carrots
Red Apple
Milk

19
Chicken Tenders
Waffle Fries
Orange
Milk

20
Bean & Cheese Nachos
Salsa
Baby Carrots
Peach
Milk

21
Pizza
Cucumber
Hummus
Green Apple
Milk

22
Orange Chicken
Broccoli
Rice
Fresh Fruit Variety
Milk

25
Bean & Cheese Burrito
Salsa
Baby Carrots
Red Apple
Milk

26
Chicken Nuggets
Waffle Fries
Orange
Milk

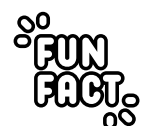
27
Chicken Alfredo
Broccoli
Peach
Milk

28
Pizza
Cucumber
Hummus
Green Apple
Milk

29
Quesadilla
Salsa
Baby Carrots
Fresh Fruit Variety
Milk

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The first Labor Day was celebrated on September 5, 1882. It took place in New York City.

