


MESA ARTS ACADEMY MAY MENU 2022/23

1% WHITE OR FAT FREE FLAVORED MILK OFFERED DAILY



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Breakfast Includes: Entrée, fruit, 100% Fruit Juice and choice of 1% white or fat free flavored milk</p> <p>Lunch includes: Entrée, fruit, ½ cup carrots, additional ½ cup vegetable and choice of 1% White or FF Flavored Milk</p> <p>Daily Vegetarian Options: Bean Burrito Peanut Butter & Jelly Uncrustable</p> <p>SUSD serves whole grain bread and pasta and reduced fat, reduced sodium items where available. Items are baked, never fried.</p> <p>Menu subject to change based on availability</p> <p>Locally grown seasonal fruits and veggies will also be served based on availability</p>	<p>1</p> <p>Banana Chocolate Chunk Cereal Bar Fresh Pears LUNCH: Bosco Cheese Stick Celery Sticks Mixed Fruit Baby Carrots Ranch Cup</p>	<p>2</p> <p>Apple Frudel Schoolboy Apple LUNCH: Chicken Nuggets w/ Dipping Sauce & WG Roll Potato Smiles Orange Baby Carrots</p>	<p>3</p> <p>WG Apple Muffin Peaches LUNCH: Beef Taco Stick Side Salad w/Ranch Cup 100% Fruit Juice Baby Carrots</p>	<p>4</p> <p>WG Bagel & Cream Cheese Schoolboy Apple LUNCH: ½ Combo Sandwich w/Cheez-Its Edamame Fresh Grapes Baby Carrots</p>	<p>5</p> <p>Cereal & String Cheese Oranges LUNCH: French Toast Stix Cucumbers Applesauce Baby Carrots</p>
	<p>8</p> <p>WG Chocolate Chip Muffin Fresh Pears LUNCH: Bosco Cheese Stick Fresh Broccoli Mixed Fruit Baby Carrots Ranch Cup</p>	<p>9</p> <p>Mini Pancakes Schoolboy Apple LUNCH: Chicken Nuggets w/ Dipping Sauce & WG Roll Potato Smiles Diced Pears Baby Carrots</p>	<p>10</p> <p>Apple Cinnamon Breakfast Bar Peaches LUNCH: Bean & Cheese Burrito Cucumber Slices 100% Fruit Juice Baby Carrots</p>	<p>11</p> <p>WG Honey Wheat Breakfast Bar Schoolboy Apple LUNCH: Cheeseburger Sliders Green Beans Banana Baby Carrots</p>	<p>12</p> <p>Cereal & String Cheese Oranges LUNCH: Nachos w/Turkey Taco Meat & Cheese Refried Beans Diced Peaches Baby Carrots</p>
	<p>15</p> <p>Oatmeal Chocolate Chip Breakfast Bar Fresh Pears LUNCH: Bean & Cheese Burrito Fresh Broccoli Diced Peaches Baby Carrots Ranch Cup</p>	<p>16</p> <p>WG Blueberry Muffin Schoolboy Apple LUNCH: Breakfast Sandwich Celery 100% Fruit Juice Baby Carrots</p>	<p>17</p> <p>Apple Cinnamon Nutri-Grain Cereal Bar & Cheese Cubes Peaches LUNCH: Beef Taco Stick Cucumber Slices Diced Pears Baby Carrots</p>	<p>18</p> <p>Cherry Frudel Schoolboy Apple LUNCH: Cheeseburger Baked Beans Orange Baby Carrots</p>	<p>19</p> <p>Cereal & String Cheese Oranges LUNCH: Chicken Drumstick w/ WG Roll Oven Baked Potatoes 100% Fruit Juice Baby Carrots</p>
<p>USDA is an equal opportunity provider & employer. Menus are subject to change.</p> 	<p>22</p> <p>Mini Cinni Rolls Fresh Pears LUNCH: Chicken Corndog On A Stick Celery Sticks 100% Fruit Juice Baby Carrots</p>	<p>23</p> <p>Bagel & Strawberry Cream Cheese Schoolboy Apple LUNCH: Chicken Tenders w/ Dipping Sauce & WG Roll Corn Diced Pears Baby Carrots</p>	<p>24</p> <p>WG Mini Maple Pancakes Mixed Fruit LUNCH: ½ Turkey Sandwich w/Goldfish Pretzels Side Salad w/Ranch Cup Schoolboy Apple Baby Carrots</p>	<p>25</p> <p>WG Banana Muffin Oranges LUNCH: Chicken & Cheese Quesadilla Refried Beans Mixed Fruit Baby Carrots</p>	

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