



# April 2021

## BOYS AND GIRLS COV MESA ARTS AC – LUNCH MENU

**M**

Chicken Patty  
Mashed Potatoes  
Fruit of the day  
Variety of Milk 5

Chicken nuggets  
Corn  
Fruit of the day  
Variety of Milk 12

Cheeseburger  
Corn  
Fruit of the day  
Variety of Milk 19

Corn Dog  
Mashed potatoes  
Fruit of the day  
Variety of Milk 26

**T**

Spaghetti w meat sauce  
Carrots  
Fruit of the day  
Variety of Milk 6

Fiesta Pasta  
Carrots  
Fruit of the day  
Variety of Milk 13

Beef Mac and Cheese  
Carrots  
Fruit of the day  
Variety of Milk 20

Baked Ziti w meat sauce  
Carrots  
Fruit of the day  
Variety of Milk 27

**W**

Picadillo burrito  
Refried Beans  
Fruit of the day  
Variety of Milk 7

Chicken Quesadilla  
Refried Beans  
Fruit of the day  
Variety of Milk 14

Chicken Enchilada w tortilla  
Refried Beans  
Fruit of the day  
Variety of Milk 21

Turkey Ground quesadilla  
Refried Beans  
Fruit of the day  
Variety of Milk 28

**T**

Pepperoni pizza  
Romaine Salad  
Fruit of the day  
Variety of Milk 1

Pepperoni pizza  
Romaine Salad  
Fruit of the day  
Variety of Milk 8

Pepperoni pizza  
Romaine Salad  
Fruit of the day  
Variety of Milk 15

Pepperoni pizza  
Romaine Salad  
Fruit of the day  
Variety of Milk 22

Pepperoni pizza  
Romaine Salad  
Fruit of the day  
Variety of Milk 29

**F**

No School Day 2

Hot Dog  
Celery  
Fruit of the day  
Variety of Milk 9

Grilled Cheese Sandwich  
Celery  
Fruit of the day  
Variety of Milk 16

Italian Sub  
Celery  
Fruit of the day  
Variety of Milk 23

Ham and Cheese Sub  
Celery  
Fruit of the day  
Variety of Milk 30

### Fruit of the Day:

Apple , Banana,  
Mix Fruit , Grapes, Honeydew,  
Orange, Pears, Plums, Watermelon



**HEALTHY INNOVATIONS**  
A Nutritional Food Service & Culinary Experience

This institution is an equal opportunity provider.

Menus: Tania Felix (520) 495 5533  
MENUS SUBJECT TO CHANGE [menus@healthyinnovationsaz.com](mailto:menus@healthyinnovationsaz.com)

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## BOYS AND GIRLS COV MESA ARTS AC- BREAKFAST MENU



M	T	W	T	F
<b>Assorted Cereal</b> Fruit of the day Juice Variety of Milk 5	<b>Waffle</b> Fruit Juice Variety of Milk 6	<b>Yogurt w crackers</b> Fruit Juice Variety of Milk 7	<b>Bagel w cream cheese</b> Fruit of the day Juice Variety of Milk 1	<b>No School Day</b> 2
<b>Yogurt w crackers</b> Fruit of the day Juice Variety of Milk 12	<b>French Toast</b> Fruit of the day Juice Variety of Milk 13	<b>Assorted Muffin</b> Fruit Juice Variety of Milk 14	<b>Egg and Ham burrito</b> Fruit of the day Juice Variety of Milk 8	<b>Assorted Muffin</b> Fruit of the day Juice Variety of Milk 9
<b>Cereal Bar</b> Fruit Juice Variety of Milk 19	<b>Bagel w cream cheese Fruit Cup</b> Juice Variety of Milk 20	<b>Danish</b> Fruit of the day Juice Variety of Milk 21	<b>Egg and cheese biscuit</b> Fruit of the day Juice Variety of Milk 15	<b>Pop Tart</b> Fruit of the day Juice Variety of Milk 16
<b>Assorted Cereal</b> Fruit of the day Juice Variety of Milk 26	<b>Chorizo and Egg W tortilla</b> Fruit Juice Variety of Milk 27	<b>Pancakes</b> Fruit Juice Variety of Milk 28	<b>Potato egg and cheese burrito</b> Fruit of the day Juice Variety of Milk 22	<b>Yogurt w crackers</b> Fruit of the day Juice Variety of Milk 23
			<b>Egg and cheese muffin</b> Fruit of the day Juice Variety of Milk 29	<b>Assorted Muffin</b> Fruit of the day Juice Variety of Milk 30



### Fruit of the Day:

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 Orange, Pears, Plums, Watermelon



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