



February 2021

BREAKFAST MENU – BOYS AND GIRLS COV MESA ARTS AC.

M

Assorted Cereal
Fruit of the day
Juice
Variety of Milk

1

Assorted Cereal
Fruit of the day
Juice
Variety of Milk

8



15

Assorted Cereal
Fruit of the day
Juice
Variety of Milk

22

T

Pancakes
Fruit of the day
Juice
Variety of Milk

2

French Toast
Fruit of the day
Juice
Variety of Milk

9

Yogurt w crackers
Fruit of the day
Juice
Variety of Milk

16

Bagel w Cream Cheese
Fruit of the day
Juice
Variety of Milk

23

W

Egg and Ham w
tortilla
Fruit of the day
Juice
Variety of Milk

3

Scrambled egg
Potato Cheese w
tortilla
Fruit of the day
Juice
Variety of Milk

10

Assorted Cereal w
crackers
Fruit of the day
Juice
Variety of Milk

17

Egg and Cheese w
tortilla
Fruit of the day
Juice
Variety of Milk

24

T

Bagel w cream
cheese
Fruit of the day
Juice
Variety of Milk

4

Biscuit and Jelly
Fruit of the day
Juice
Variety of Milk

11

Assorted Muffin
Fruit of the day
Juice
Variety of Milk

18

Pancakes
Fruit of the day
Juice
Variety of Milk

25

F

Yogurt w crackers
Fruit of the day
Juice
Variety of Milk

5

Assorted Muffin
Fruit of the day
Juice
Variety of Milk

12

Waffle
Fruit of the day
Juice
Variety of Milk

19

Assorted Muffin
Fruit of the day
Juice
Variety of Milk

26



Good Friends
are like stars,
you don't
always see
them, but you
know they're
always there.



Fruit of the Day:

Apple , Banana, Fruit Cocktail , Grapes,
Honeydew, Orange, Pears, Plums
Watermelon



*Love,
Friendship and
Happiness this
Valentines
Day.*



This institution is an equal opportunity provider.

Menus: Tania Felix (520) 495 5533

MENUS SUBJECT TO CHANGE menus@healthyinnovationsaz.com



February 2021

LUNCH MENU – BOYS AND GIRLS COV MESA ARTS AC.

M

Chicken nuggets
Corn
Fruit of the day
Variety of Milk

1

Chicken Patty
Sandwich
Corn
Fruit of the day
Variety of Milk

8



15

Corn Dog
Corn
Fruit of the day
Variety of Milk

22

T

Hamburger
Carrots
Fruit of the day
Variety of Milk

2

Spaghetti w meat sauce
Carrots
Fruit of the day
Variety of Milk

9

Beef Mac and Cheese
Carrots
Fruit of the day
Variety of Milk

16

Baked Ziti w meat
sauce
Carrots
Fruit of the day
Variety of Milk

23

W

Beef Nachos
Refried Beans
Fruit of the day
Variety of Milk

3

Cheese Quesadilla
Refried Beans
Fruit of the day
Variety of Milk

10

Enchilada Casserole
Refried Beans
Fruit of the day
Variety of Milk

17

Chicken Fajitas w
tortilla
Refried Beans
Fruit of the day
Variety of Milk

24

T

Hot Dog
Green Beans
Fruit of the day
Variety of Milk

4

Ham and Cheese
Sandwich
Green Beans
Fruit of the day
Variety of Milk

11

Italian Sub
Green Beans
Fruit of the day
Variety of Milk

18

Grilled Ham and
Cheese Sandwich
Green Beans
Fruit of the day
Variety of Milk

25

F

Pepperoni pizza
Romaine Salad
Fruit of the day
Variety of Milk

5

Pepperoni pizza
Romaine Salad
Fruit of the day
Variety of Milk

12

Pepperoni pizza
Romaine Salad
Fruit of the day
Variety of Milk

19

Pepperoni pizza
Romaine Salad
Fruit of the day
Variety of Milk

26



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