

HAPPY NEW YEAR!  
**2021**

# January 2021

## LUNCH MENU – BOYS AND GIRLS COV MESA ARTS AC.

F

**NO SCHOOL**

1

- Pepperoni pizza
- Romaine salad
- Fruit of the day
- Variety Milk

M

- PB&J Uncrustable
- Carrots
- Fruit of the day
- Variety of Milk

4

T

- Chicken Nuggets
- Corn
- Fruit of the day
- Variety of Milk

5

W

- Hot Dog
- Refried Beans
- Fruit of the day
- Variety Milk

6

T

- Orange Chicken
- Green beans
- Fruit of the day
- Variety of Milk

7

- Chicken Patty Sandwich
- Corn
- Fruit
- Variety Milk

11

- Spaghetti w meat sauce
- Carrots
- Fruit of the day
- Variety Milk

12

- Chicken Quesadilla
- Refried Beans
- Fruit
- Variety Milk

13

- Turkey & cheese Sub
- Green beans
- Fruit of the day
- Variety of Milk

14

- Pepperoni pizza
- Romaine salad
- Fruit of the day
- Variety Milk

15

**NO SCHOOL**

18

- Hamburger
- Carrots
- Fruit of the day
- Variety Milk

19

- Bean and cheese burrito
- Refried Beans
- Fruit
- Variety of Milk

20

- Italian Sub
- Green beans
- Fruit of the day
- Variety of Milk

21

- Pepperoni pizza
- Romaine salad
- Fruit of the day
- Variety Milk

22

- Corn Dog
- Corn
- Fruit
- Variety of Milk

25

- Grilled Cheese Sandwich
- Carrots
- Fruit of the day
- Variety Milk

26

- Cheese Quesadilla
- Refried Beans
- Fruit
- Variety of Milk

27

- Ham and cheese Sandwich
- Green beans
- Fruit of the day
- Variety of Milk

28

- Pepperoni pizza
- Broccoli
- Fruit of the day
- Variety Milk

29

**Fruit of the Day:**

Apple , Banana, Fruit Cocktail , Grapes,  
 Honeydew, Orange, Pears, Plums Watermelon

**HEALTHYINNOVATIONS**  
 A Nutritional Food Service & Culinary Experience

This institution is an equal opportunity provider.

Menus: Tania Felix (520) 495 5533

MENUS SUBJECT TO CHANGE [menus@healthyinnovationsaz.com](mailto:menus@healthyinnovationsaz.com)



*May every day of the new year glow with good cheer and happiness for you and your family.*

HAPPY NEW YEAR!  
**2021**

# January 2021

## BREAKFAST MENU - BOYS AND GIRLS COV MESA ARTS AC.

F

**NO SCHOOL**

1

Assorted Muffin  
 Fruit of the day  
 Juice  
 Milk Variety

8

Yogurt w crackers  
 Fruit of the day  
 Juice  
 Milk Variety

15

Assorted Muffin  
 Fruit of the day  
 Juice  
 Milk Variety

22

Biscuit and Jelly  
 Fruit of the day  
 juice  
 Milk Variety

29

M

Cereal bar  
 Fruit of the day  
 Juice  
 Milk Variety

4

Assorted Cereal w  
 crackers  
 Fruit of the day  
 Juice  
 Milk Variety

11

**NO SCHOOL**

18

Assorted Cereal w  
 crackers  
 Fruit of the day  
 Juice  
 Milk Variety

25

T

Assorted Cereal w  
 crackers  
 Fruit of the day  
 Juice  
 Milk Variety

5

Egg and Ham Burrito  
 Fruit of the day  
 Juice  
 Milk Variety

12

Assorted Cereal  
 Fruit of the day  
 Juice  
 Milk Variety

19

Potato , egg and cheese  
 burrito  
 Fruit of the day  
 Juice  
 Milk Variety

26

W

Yogurt w crackers  
 Fruit of the day  
 Juice  
 Milk Variety

6

Waffle  
 Fruit of the day  
 Juice  
 Milk Variety

13

Bagel w jelly  
 Fruit of the day  
 juice  
 Milk Variety

20

Yogurt w Crackers  
 Fruit of the day  
 Juice  
 Milk Variety

27

T

Pancakes  
 Fruit of the day  
 Juice  
 Milk Variety

7

Assorted Muffin  
 Fruit of the day  
 Juice  
 Milk Variety

14

Yogurt w crackers  
 Fruit of the day  
 Juice  
 Milk Variety

21

Assorted Muffin  
 Fruit of the day  
 Juice  
 Milk Variety

28

*May every day of the new year glow with good cheer and happiness for you and your family.*

**Fruit of the Day:**  
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 Honeydew, Orange, Pears, Plums Watermelon

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