

# November 2020

## BOYS AND GIRLS COV MESA ARTS AC.

M

- Hot Dogs
- Carrots
- Fruit of the day
- Variety of Milk

2

- Chicken Tenders w roll
- Corn
- Fruit of the day
- Variety of Milk

9

- Chicken Patty Sandwich
- Green beans
- Fruit of the day
- Variety of Milk

16

- Cheeseburger
- Corn
- Fruit of the day
- Variety of Milk

23

- Chicken Nuggets w roll
- Corn
- Fruit of the day
- Variety of Milk

30

T

- Spaghetti w meat sauce
- Green Beans
- Fruit of the day
- Variety of Milk

3

- Beef Mac and Cheese
- Green Beans
- Fruit of the day
- Variety of Milk

10

- Ham and cheese Sandwich
- Corn
- Fruit of the day
- Variety of Milk

17

- Beef and Potato Burrito
- Green beans
- Fruit of the day
- Variety of Milk

24

### Fruit of the Day:

Apple , Banana, Fruit Cocktail , Grapes, Honeydew, Orange, Pears, Plums Watermelon

W

- Beef Nachos
- Refried Beans
- Fruit of the day
- Variety of Milk

4



No school

11

- Beef and Bean Burrito
- Refried Beans
- Fruit of the day
- Variety of Milk

18

T

- Turkey and Cheese Sub
- Carrots
- Fruit of the day
- Variety of Milk

5

- Hamburger
- Carrots
- Fruit of the day
- Variety of Milk

12

- Turkey Dinner w roll.
- Mashed potatoes
- Fruit of the day
- Variety of Milk

19

F

- Pepperoni Pizza
- Broccoli
- Fruit of the day
- Variety of Milk

6

- Pepperoni Pizza
- Broccoli
- Fruit of the day
- Variety of Milk

13

- Pepperoni Pizza
- Broccoli
- Fruit of the day
- Variety of Milk

20



25

26

27

**HEALTHYINNOVATIONS**  
A Nutritional Food Service & Culinary Experience

This institution is an equal opportunity provider.

Food service Director: Armando Rodriguez (520) 304 6377

MENUS SUBJECT TO CHANGE [menus@healthyinnovationsaz.com](mailto:menus@healthyinnovationsaz.com)

During November enjoy our traditional

Turkey Dinner Day!



Thankful & blessed