

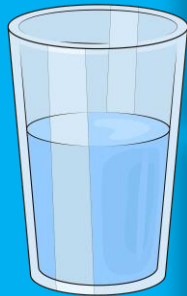
SEPTEMBER 2020

HAPPY
Labor Day

BOYS AND GIRLS COV ARTS ACADEMY – BREAKFAST MENU



During summer..
Don't forget to drink enough Water



M

NO
SCHOOL

7

Sausage and Cheese Muffin
Apple
Juice
Variety of Milk

14

Assorted Cereal w
crackers
Apple
Juice
Variety of Milk

21

Pancakes w Sausage
Apple
Juice
Variety of Milk

28

T

Biscuit and jelly
Oranges
Juice
Variety of Milk

1

Bagel w Cream Cheese
Oranges
Juice
Variety of Milk

8

English Muffin w Egg.
Oranges
Juice
Variety of Milk

15

Assorted Muffin
Oranges
Juice
Variety of Milk

22

Nutrigrain Bar w
crackers
Oranges
Juice
Variety of Milk

29

W

Nutrigrain Bar w
crackers
Pear
Juice
Variety of Milk

2

Danish w cracker
Pear
Juice
Variety of Milk

9

French Toast w
Sausage
Pear
Juice
Variety of Milk

16

Yogurt w Crackers
Pear
Juice
Variety of Milk

23

Bagel w cream
cheese
Apple
Juice
Variety of Milk

30

T

English Muffin w
egg and cheese
Banana
Juice
Variety of Milk

3

Assorted Muffin
Banana
Juice
Variety of Milk

10

Cinnamon Roll w
crackers

Banana
Juice
Variety of Milk

17

Waffle w Sausage
Banana
Juice
Variety of Milk

24

F

Egg and Cheese
Burrito
Watermelon
Juice
Variety of Milk

4

Bacon and egg
burrito
Watermelon
Juice
Variety of Milk

11

Ham and Egg Burrito
Watermelon
Juice
Variety of Milk

18

Potato, egg and
cheese, Burrito
Watermelon
Juice
Variety of Milk

25

HEALTHYINNOVATIONS
A Nutritional Food Service & Culinary Experience

This institution is an equal opportunity provider.

Food service Director: Armando Rodriguez (520) 304 6377
MENUS SUBJECT TO CHANGE
menus@healthyinnovationsaz.com

Fruits of the Day:

- Apple
- Banana
- Fruit Cocktail
- Grapes
- Honeydew
- Orange
- Pears
- Plums
- Watermelon